



8

Krax Pa Priex Rien Ka Tokaux Tix

Jhawm Saux Saux Ngai





8 Krax Pa Priex Rien Ka Tokaux Tix.

Jhawm Saux Saux Ngai Eye Problems

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Cheu plih lih bawg tix : 100 phuk

Rawg akhwang shiao riieng mai ngai lai inkix khaing International
Cooperation Cambodia. Cub pa jah ti tiem lai in mawh cub the Health
Editors Group in Ratanakiri province heue.

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Jhawm Saux Saux Ngai



**Num riah pa kieh saux ngai lih ti koe
mawh pa tix?**

Daux plak greem inkix mawh
krax pa yie haok jhawm saux
saux ngai ti pre hu heue. Chix
ti pre hu....

(1) khaing rhoi



(2) khaing pa tu taig ngai tix
ka taix pa ang singax



(3) khaing phawng tiex





(4) khaing pui pa koe
jhawm saux ngai



(5) khaing tao ngu



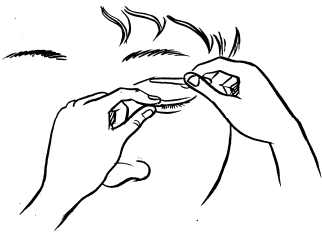
(6) khaing mat ngai

(7) khaing priex ih pa
ang koe riang rao

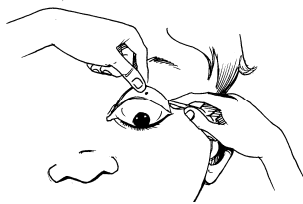
Sang pai saux ngai ka nyiex yuh ka mawx?



Viang ex ce phawng tiex koe daux ngai tix phan ang yaox caw ti plu pliak siyieb ngai.



(1) Yaog ti jhak siyieb ngai ka gien taix tix.



(2) Cied ti yaog phawng tiex koe ang koe daux siyieb ngai.

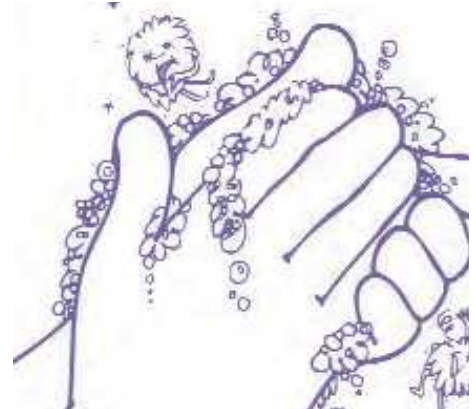


(3) Phan phawng tiex koe caw ti teei man awt pa awn koi awt kah.

Chix tix pai Jhawm saux saux ngaix yuh ka mawx?

Phan viag laig daux ngai –

- 1) Caw ti khoek ngai tix mai sidah khoek tivud tivud.
- 2) Khoek taix ti singax.
- 3) Paw kieh taix maix teuh ka tawm ngai maix.



Jhawm saux saux ngai mawh pa tix?

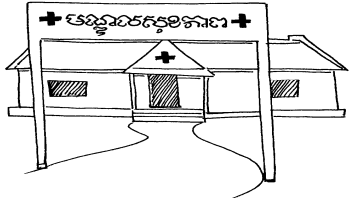


Jhawm saux saux ngai ah ex
mawh saux ngai pa caw pui tom
nie kheu pa laig viag ka daux
ngai. Phan viag an laig daux
ngai, ngai ex tag raoh heue.

Viag an yie ti haok ka pui tang
kaux. Ngai maix kied sidaing nie
ngiex mai khlawp pa lheung tag
lih khaing ngai maix.

Yam laig viag pa yuh nan daux
ngai ang pon ti kieh pui tang
kaux dex nawh tom hoek bawg
yam grai saux ngai nawh heue.

**Caw ti viex hu nyiex sidah
bawg yam mawx?**



**Phan ngai kawn ngie raoh,
uah mai koe leem-**

**phan ngai mat (a) phan tix
ceu ceu khap ka daux ngai**



**Phan ngai tix plak (a) khawm ra plak
ang chix yaox.**



**Phan ngai jhak ang sidawng ka grawng
ceu pa tix ang ah caw ti hu ka nyiex
sidah heue.**

**Sang tieb tie jhawm saux saux ngai
yuh ka mawx?**

Paw kieh rhoi pu vung viang ka
piang ngai kawn iak. Paw kieh
tum piang ngai kawn iak.

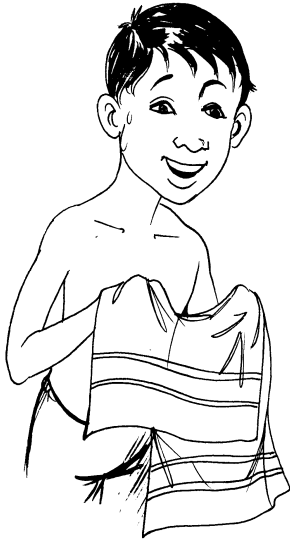


Tawx pui koe viag saux ngai
tang ot singai khaing pui tang
kaux.



Khoek taix tix mai ngai tix ka
sidah khoek ku singaix.

Phan taix maix seeing ang pon
ti tu taig ka ngai tix.



Phan kaux pui mawx kaux pui
an tang shiao man awt cao tix,
jhawm saux saux ngai ang chix
haok ka paox tix.



Phan koe phawng tiex, tao ngu
khankix caw ti tawb ngai tix.

Phan tao ngu meet caw ti tawb
ngai tix.

