



1Krax Pa Priex Rien Ka Tokaux Tix.

Saux Hoek Hax





1

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Dengue

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Singaix: 29.6.2012.

Cheu plih lih bawg tix : 100 phuk

Rawg akhwang shiao riieng mai ngai lai inkix khaing International
Cooperation Cambodia. Cub pa jah ti tiem lai in mawh cub the Health
Editors Group in Ratanakiri province heue.

Translated to the Wa language by: Ai Nap Yawn, Yex Meung,

Ruthax Ka, Yex Ka

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Ex chix pon jhawm saux heok hax
yuh ka mawx?



Ex chix pon jhawm saux hoek hax khaing
brang tix ceu pa viex viag virus pa chix haok ka
pui .

Brang ceu an nie lih kied ka pui plak pon ngaix
heue.(Virus mawh viag tix ceu pa ang chix
yaox ka ngai.)

**Mhai jhawm saux saux hoek hax
mawh pa yuh ka mawx?**

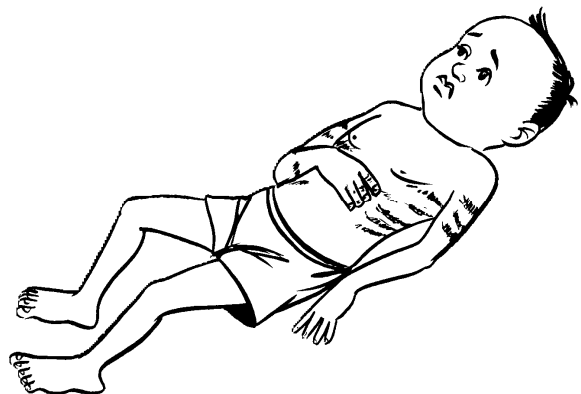
(1) Haok jhawm saux



(2) Nie kin saux kaing,
soux rawb reem ngai,
soux nex saux nawn, saux
si-niag si-ang. Pui koe
soux yuh nan bawg blah
hao mai kuang kaing.



(3) Bawg tix blah lih plix
raoh hak nex, khlawp raoh
lih tix koe piang tokaux.



Sang pai jhawm saux saux hoek hax yuh ka mawx?

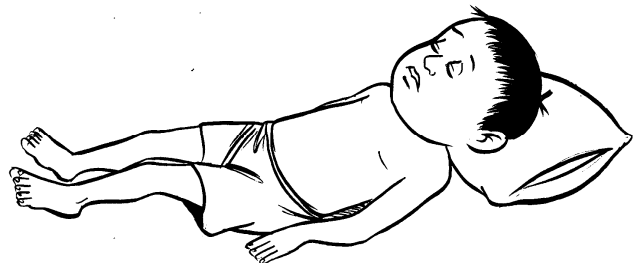
1. Phan haok saux chix ti tawx ih sidah saux kaing (Parasitamawx). (ang chix ti tawx ih sidah saux nex saux nawn. Kheu sidah saux nex chix kieh nham nie luan lih)



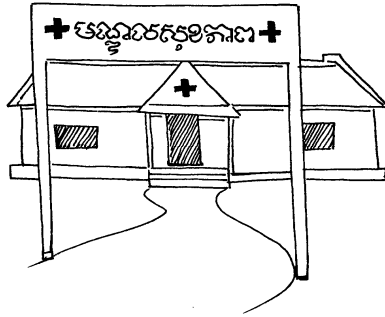
2. Chix ti nyaux rawm singax mai rawm tie khan kix. Son ghok ang kroh caw ti tawx nyaux rawm tom nie.



3. Kieh laux leu ti mhawm.



Caw ti hu nyiex sidah bawg yam mawx?



Phan yaox mhai ceu pa awm in plak greem ka kawn iak chix ti mawh jhawm saux saux hoek hax tix ceu pa mawh jhawm saux pa lih nham plak daux nex nham heue. Phan yuh nan caw ti viex kawn iak hu nyiex sidah phai phai heue.

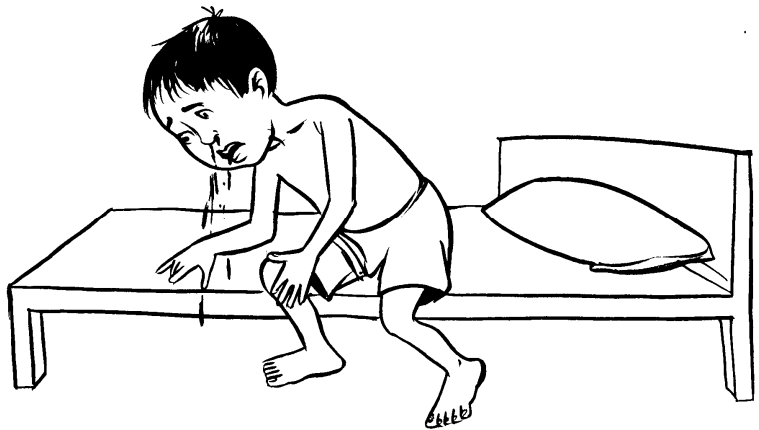
1. Mhai ceu pa ang nham lai
ling mhawm mhawm khankix ..

- lulax, ang nyawm ot
- paing nex nham, sikied kaux hak.
- Sok rhawm ang mhawm chuh
- kied sidaing iak riang rao

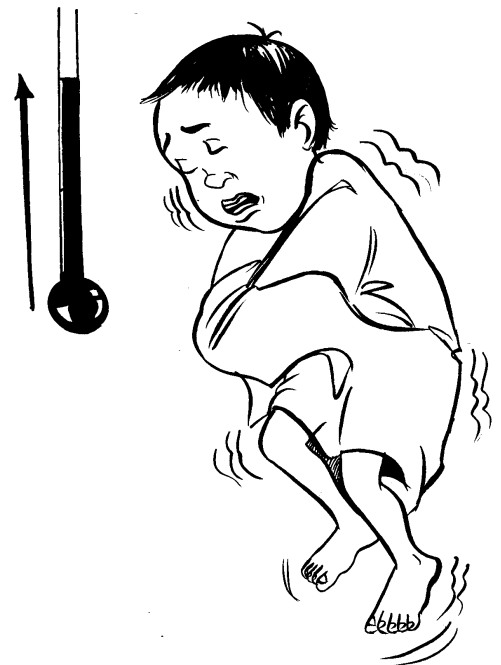


2. Mhai pa lih nham khankix

- plix raoh koe piang hak nex
- ba nham meeh
- lung aing

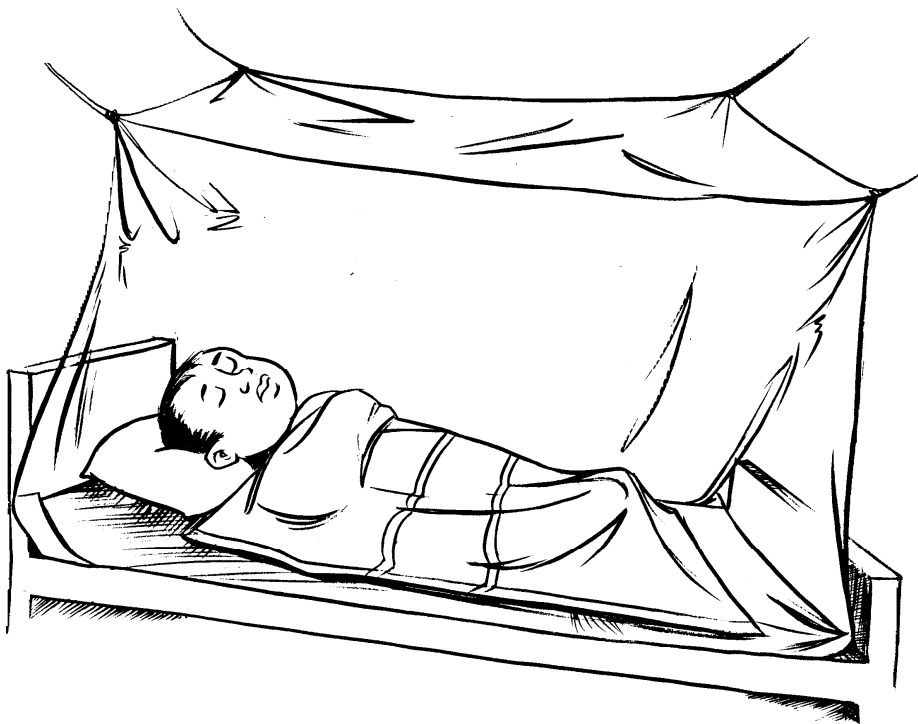


3. haok saux mai siyaoh



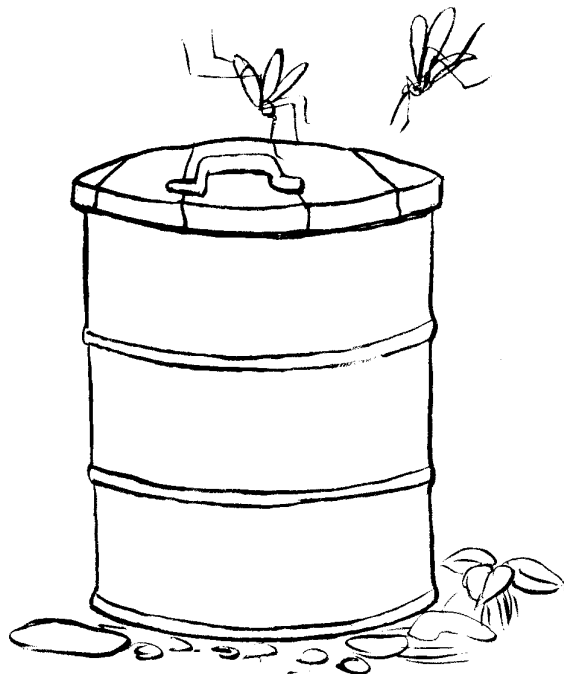
**Ex chix tieb tie jhawm saux saux
hoek hax yuh ka mawx?**

Paw kieh brang kied maix. Sau man sud yam it. Brang viex jhawm saux saux hoek hax chix nie kied pui yam pon ngaix. Mhawh kheu nan phan it yam pon singaix kawx caw ti sau man sud it.



Brang moh ti ot dee koe rawm. Mawh kheu nan ...

- Rawm pa koe plak praix nyiex ang ah, rawm pa koe daux nyiex ang ah caw ti tawb mhawm mhawm.
- Paw kieh jawk rawm koe hawt ka praok nyiex. Phan koe caw ti kheem ka tiex mhawm mhawm. Phan tawm brang khankix koe daux jawk rawm an khaix hoik rheung pon singaix lih pre ti mawh brang heue.



Son brang ang koe caw ti priex dah dee ot tix

- Caw ti tik ceu pa chix deuk rawm ka daux pa mawh kaww prim, kawng sau tai pa prim, tawng aw pa prim khankix.



- Kid ti tik khaox mai yeem pa koe rawb reem nyiex



- Caw ti kheem tiex ka jawk rawm pa koe ka praok nyiex khankix.



